




# Hadley Park Regional Community Center

1037 28th Avenue North, Nashville, TN 37208 - (615) 862-8451

Gymnasium Aquatics Fitness After School Programming (\$ Paid Classes)	Monday Hours: 6:00am-8:30pm	Tuesday Hours: 6:00am-8:30pm	Wednesday Hours: 6:00am-8:30pm	Thursday Hours: 6:00am-8:30pm	Friday Hours: 6:00am-7:30pm	Saturday Hours: 8:00am-12:00pm	
<b>January/February 2016</b>  (schedule is tentative & may change based on need)  <u>Facility Coordinator</u> Barbara Manuel  <u>Program Coordinator</u> Angela Booker  <u>Recreation Leaders &amp; Lifeguards (*)</u> Sabrina Williams* Charles Pruitt Dereck Smith* Jackie McKie Michael Thomas Myron Goggins Ronald Taylor Nancy Harrison* Toure Henderson*  <u>Front Desk Leader</u> Frank Deas  <u>Facility Attendants</u> Victoria Richardson Robert Burton  <u>Class Instructors</u> Hadley Staff Sandy Cunningham Marc Peek Ken Turner Chaturah Smith Adrienne Golden Stephanie Jones-DuBose	6:30-9:15am Lap Swim & Water Walk  9:30-10:30am Water Exercise  11:00am-12:00pm Open & Lap Swim  12:00-2:00pm Open Gym** (Shoot Around ONLY)  2:30-6:00pm Hadley's After School Recreation  5:15-6:00pm Step & Sculpt w/Stephanie (\$)  6:00-7:00pm Line Dance w/Sharon  6:30-7:30pm H2O Explosion (\$)  6:30-7:30pm Chicago Step	6:30-7:30am Water Boot Camp w/Ken (\$)  10:00-11:00am Line Dance w/Pat  11:00am-2:00pm Open & Lap Swim  12:00-2:00pm Open Gym** (Full Court)  2:30-6:00pm Hadley's After School Recreation  5:30-6:30pm Zumba w/Adrienne (\$)  6:30-7:30pm Aqua Abs & Arms (\$)  7:00-8:00pm Capoeira w/Mark (\$)	6:30-9:15am Lap Swim & Water Walk  9:30-10:30am Water Exercise  11:00am-12:00pm Open & Lap Swim  12:00-2:00pm Open Gym** (Shoot Around ONLY)  2:30-6:00pm Hadley's After School Recreation  5:15-6:00pm Fit & Fabulous H2O (\$)  6:00-7:00pm Line Dance w/Sharon  	10:00-11:00am Line Dance w/Pat  11:00am-2:00pm Open & Lap Swim  12:00-2:00pm Open Gym** (Full Court)  2:30-6:00pm Hadley's After School Recreation  6:30-7:30pm Aqua Abs & Arms w/Chaturah (\$)  7:00-8:00pm Capoeira w/Mark (\$)	8:30-9:15am Lap Swim & Water Walk  9:30-10:30am Water Exercise  11:00am-12:00pm Open & Lap Swim  12:00-2:00pm Open Gym** (Shoot Around ONLY)  2:30-6:00pm Hadley's After School Recreation    @ "Hadley Park Community Center"	8:00am-12:00pm Special Programming (See Calendar)  9:30-10:30am Water Exercise w/Ken (\$)  9:45-1015am Zumba w/Sandy (\$)  10:30-11:30am Family Swim	
	<b>Membership Fees</b>  <i>Daily Pass</i> Adult \$ 3.00 Youth & Senior \$ 1.50  <i>10 Visit Pass</i> Adult \$20.00 Youth & Senior \$10.00  <i>Monthly Pass</i> Adult \$30.00 Youth & Senior \$20.00  <i>10 Pass Fit Card</i> \$30.00						
	**No Open Gym when Metro Schools is out!						